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the newham mag

issue 278 // 5 - 19 July 2013



Join us at
the
Mayor's
**Newham
Show**
Saturday 13 &
Sunday 14 July 2013
12 noon - 6pm

**Happy days
are here
again**

The Mayor's Newham Show returns (pg)



ROYAL VICTORIA BEACH

ROYAL VICTORIA DOCK, E16
6 JULY - 21 SEPTEMBER

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Newham London

Mayor of
Newham



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26 JULY - 20 SEPTEMBER

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Summer has finally arrived and with it comes one of our biggest events – the Mayor's Newham Show and Carnival (p2). This year there is more than ever going on, with live music, children's entertainment, sport, arts and crafts.

"Rip rap artist and movie star Pen Burtone to Newham to see pupils from his old school receive their hard earned qualifications (p26) and inspires them to go further.

Also in this edition, you will find some great offers from the East Ham Market Hall (p22) and a message from the RSPCA about responsible cat ownership (p24).

Cllr Kay Scoresby

Deputy executive member for community affairs

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

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The Newham Mag is printed on 100% recycled paper by Woodford Litho Ltd and distributed by Lutterbox Distribution.

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IN BRIEF //

Drugs use at pub curbed

Councillors have imposed robust conditions on the King Edward VII pub in Broadway, Stratford following issues with drugs use at the premises.

The conditions include improved staff training, an anti-drugs policy, the installation of CCTV cameras and signs warning of stiff penalties for drugs use.

The council's Licensing Sub-committee heard a man died in the pub toilets. Police had also taken drug swipes in the toilets, which tested positive.

Centenary of Essex Primary

Essex Primary School, Shandon Road, E10, is holding an open day to celebrate its centenary on Monday 22 July from 2-4pm.

Local residents and former pupils are invited to visit the school and learn about its journey to the 21st Century.

For more information email anne.clayden@essex.newham.sch.uk or call 020 8472 0322

Housing design award nomination

The innovative Sherwoods housing scheme in Prince Regent Lane Custom House, has been shortlisted for a prestigious award.

The block of six eco-friendly affordable family homes is being considered by judges for a Housing Design Award, which recognises excellence in public housing design.

The development, which was launched last year as a partnership project led by Newham Council and designed by Bell Phillips Architects.

The six properties were built on the site of a derelict pub after the council bought the land using compulsory purchase powers.

Councillor Andrew Baldie, executive member for housing, said "With this development, we have been able to provide high quality homes to hard-working families who want to put down roots in Newham and get on the property ladder."

>>> Taking care of the carers



The invaluable contribution and achievements of Newham's carers were marked in a series of free events as part of National Carers' Week.

A carer provides unpaid support to a relative, partner, child or friend, due to illness, disability, frailty, a mental health condition or substance misuse problems. During an event in East Ham's Central Park, carers were able to enjoy tea and cake, meet other carers, share experiences and collect information about support services available.

The week's events also included pampering and keep fit sessions, alternative therapies and fun activities at St Mark's Community Centre in Beckton, as well as other events to help carers understand the importance of looking after themselves and enjoying their lives outside of their caring role.

Councillor Neil Wilson, executive member for equality and social inclusion, said "We want to show carers that help is available and that their hard work is not going unrecognized."

Turn to page 30 to find out about the next Carers Forum meeting.

Tough action on brothels

Enforcement action by Newham Council in Stratford and West Ham has resulted in the closure of two brothels, as part of a wider crackdown on crime and anti-social behaviour.

The council sweeps over a 24-hour period, codenamed Operation Cleveland, also saw two council tenants served with notices that their homes could be repossessed because of gang-related behaviour. A group of 13 youths believed to be involved in gang activity in a local park were also warned.

Other activities during the operation included more than 1,000 visits to businesses to ensure they were disposing of trade waste correctly resulting in more than 100 warning notices being issued. Two warning letters were issued to street drinkers.

Councillor Umesh Desai, executive member for crime and anti-social behaviour, said "We are determined to make a difference in our community and we are committed to reducing crime."



Hundreds turn out to hear good ideas

Hundreds of residents turned out again this year to hear the free series of talks and lectures that made up Newham's Ideas Olympiad.

Stratford Circus and the Siemens Crystal building in the Royal Docks hosted this year's speakers: West Ham United co-chairman David Gold; space

scientist Maggie Aderin-Pocock MBE; Sandy Nairne, director of the National Portrait Gallery; self-made millionaire Gill Fielding and Lord Gulum Noon, chancellor of the University of East London.

Subjects covered included how successful business people made their first millions; cloak-and-dagger art thefts; the infinite possibilities of space and West Ham United's role in the community and Olympic legacy.

Deputy Mayor councillor Lester Hudson said: "Residents have once again been able to listen to and put questions to some ground-breaking and thought-provoking people. It has proved a successful series of events."



Mr Hudson (left) and Mr Gold

Concern at police station closure

Mayor Sir Robin Wales has criticised the short notice residents were given over the closure of East Ham Police Station in High Street South, E8.

The station's front counter closed on 24 June and the building is to be sold by the Metropolitan Police Service.

In a letter to Stephen Greenhalgh, London's deputy mayor for policing and crime, Sir Robin said: "I don't believe residents were properly informed that a central community resource was no longer available to them, or given the support to access alternative facilities."

"Newham Council was only told of the closure eight working days before it happened. I would like to know why this was rushed through."

The front counter at Forest Gate Police Station in Romford Road, E7, will remain open around-the-clock, while Plaistow and Stratford stations will be open from 6am-10pm. There will be regular police surgeries at East Ham Town Hall and drop-in sessions are also planned around the borough.

Youngsters speaking out

Mayor Sir Robin Wales handed out awards to young people who had plenty to talk about.

Pupils from 18 schools took part in Newham's Speak Out Challenge at Plaistow's Lister School, organised by the Jack Petchey Foundation and the Speakers Trust.

The challenge builds confidence, courage and leadership in young people and a desire to speak in public.

The winner was Adam Khalq from East Ham's Langdon School who spoke on the theme of Manners Maketh a Man. He received a trophy and an iPod Touch. Second was Nalle Ramsoo from Canning Town's Eastlea Community School on the topic of A New Country.

Alexis Manhou of Forest Gate Community School was third, speaking on The Power of Habit. All participants were presented with certificates.

Sir Robin said: "This ability to speak out and be heard is invaluable for our young people."



Sir Robin with West Ham's M' Eyn Gwynn and the winners

Staying on course in the cuts storm



The Chancellor's spending review confirmed what we had expected – that local government will continue to face the brunt of the cuts.

The spending plans are an outrageous attack on local services as councils are by far the most efficient part of the public sector, yet we continue to be punished for this.

When faced with a restricted financial situation as we are, it would be easy to make a simple decision and reduce the budget for every service, or just stop doing things we don't have to do as part of our statutory duty. That's what some councils have done, but that's not the route we've chosen to take.

Being faced with cuts doesn't mean you should lose sight of your priorities – in fact it means those priorities become more important than ever. We know we have to make some tough choices but we will not be turned from providing the services residents tell us they want.

Each local area will have its own priorities but in Newham, one of the most deprived boroughs in the country, it's clear that giving young people the best start in life and helping residents into jobs are absolutely key.

We will continue to invest in programmes that will give our young people the skills and capacity to realise their full potential. We will continue to offer free school meals for every primary school child, giving them a much needed nutritious meal and

saving families more than £500 per child each year.

We will also continue to invest in our employment service Workplace, which is now marking its sixth anniversary by getting close to having helped 20,000 residents into work.

It's also important to be honest about what we will stop doing. It's no good falling into the trap of providing a service simply because it's always been there. This means serious consideration of whether a programme is creating a sustainable improvement for our community.

It means there are some difficult decisions ahead. Our role in local government is to step up the support we give residents to help themselves. But our investment now will make a difference in years to come.



Mayor's view

The show must go on

I hope to see as many people as possible in East Ham's Central Park next weekend for the annual Mayor's Newham Show and Carnival. The show weekend is always a wonderful occasion and this year promises to be no different.

But it's about this time of year that I always remember the morning of 7 July 2005. Just hours earlier we had been euphoric at being awarded the honour of hosting the 2012 Games, then came the horror of the explosions that hit central London.

We debated about whether we should cancel the Newham Show and carnival out of respect to those who had died in the terrorist outrage. We went ahead, safe in the knowledge that it would celebrate our togetherness as a community and the vibrancy of our young people.

I'm glad we did because those reasons are valid to this day. As a community of different beliefs and cultures, we remain united in not allowing the actions of a very few to divide us.

A good society is one where people feel part of something bigger. What matters most to people are friends, family and values. Fostering a sense of belonging is more important now than ever.

That's why we're building a more resilient community. It matters to our residents that this council is not just far but is seen to be far in all it does. That's why we have residence conditions for access to social housing,



Workplace and other services, so Newham people know they're getting a fair deal.

All of our public funding for community activity is spent in ways that the whole community can share in and which build up what we have in common. We will never fund groups

that exclude people, or work with those who seek to divide our community.

Through community hubs we are bringing people together. Our public services will always reinforce the message that community matters. **Turn to page 9 for details of this year's Mayor's Newham Show.**

with Sir Robin Wales



THE BIGGEST EVER GIVEAWAY #2

This summer we are celebrating the opening of the North Park in Stratford's Queen Elizabeth Olympic Park. Mayor Sir Robin Wales wants Newham residents to benefit from every aspect of the Olympic legacy and if you live in Newham you have the opportunity to win tickets to some of the biggest festivals in London.

Last month Newham Council in partnership with the Legacy Corporation and LiveNation gave away free tickets to Hard Rock. Calling to make sure that Newham residents had the opportunity to attend some of the great events at Queen Elizabeth Olympic Park. This month we have exclusive tickets to the 'Yahool Wireless festival and the Electric Daisy Carnival to give away.

Yahool Wireless 12-14 July

See some of the biggest names on the planet take centre stage Friday's line-up features more than 30 artists including **Justin Timberlake, Snoop Dogg, Trey Songz, John Legend, Frank Ocean** and London's **Wretch 32**.

Saturday is headlined by **Jay-Z** supported by **Emeli Sandé, Rita Ora, Earth Wind & Fire** plus many more.

Sunday is headlined by **Justin Timberlake** and **Jay-Z**, as part of their legends of summer stadium tour. Support for Sunday comes from **A Tribe Called Quest, NAS**, special guest **will.i.am** and many more.

Electric Daisy Carnival 20 July

Electric Daisy Carnival is one of the world's biggest dance festivals. They are known for creating a fully immersive experience with multiple stages, world-class music, over-the-top production and carnival rides.

For their first ever international show they have teamed up with nominees who will be bringing their signature dance acts and a unique London vibe to the festival. The line-up includes superstar **DJs Tiesto, Flux Pavilion, Sub Focus, Stry FX, Rusko, Nero, Jaguar Skills** and old school jungle, drum and bass originator **Goldie**.

Apply to win

To apply for your chance to be part of Electric Daisy Carnival or Yahool Wireless Friday 12 or Saturday 13 July visit www.newham.gov.uk/mayorsleggiveaway

For a chance to win free tickets to the Sunday 14 July Yahool Wireless finale make sure that you get down to the Mayor's Newham Show on Saturday 13 July and register at any information point by 3pm.

Make sure you read your next Newham Mag to find out about our exclusive **Discover Children's Story Centre** offer to let you take your children to their summer edition of fantastic author events and special ticket standstopping for free in Stratford.

**Mayor of
Newham**

Mayor's Newham Show

FREE

If you want to enjoy two fun-filled free days of entertainment, activities and music head down to Central Park, East Ham, for this year's Mayor's Newham Show and Carnival, taking place on Saturday 13 and Sunday 14 July.



Join the Carnival
Saturdays 13 July 2pm

The party gets under way with the annual Newham Carnival. Get out and line the streets as the carnival brings a splash of colour and party fever to East Ham. If you want, you can even follow it all the way to the Mayor's Newham Show.

This year you get four carnivals in one. Witness the awakening of new life in spring, turn the heat of summer, enjoy the falling leaves of autumn and the first frosts of winter. This theme of the four seasons represents Newham's regeneration and transformation.

This year Newham's carnival is a celebration of the school crossing service. In celebration of the school crossing service, the school crossing service is a celebration of the school crossing service. Make sure you come down to your lollipop men or women.

You can view the Newham Carnival on the junction of White Horse Road and High Street South on Saturday 13 July at 2pm, or see it anywhere on the route below.

It's time to celebrate the
Mayor's Newham Show
and Carnival. It's time to
celebrate the Mayor's Newham
Show and Carnival.

Sir Robin Wales



It's time to celebrate the
Mayor's Newham Show
and Carnival. It's time to
celebrate the Mayor's Newham
Show and Carnival.

the Mayor's Newham Show

FREE

**Saturday 13 and Sunday 14 July
12noon-6pm
Central Park, High Street South, E6**

For a free family weekend out, full of fun, laughter and lots more, head down to Central Park, High Street South, East Ham, on Saturday 13 and Sunday 14 July from 12noon-6pm. There's something for the children. There's something for adults. There's something for everyone at the Mayor's Newham Show. There's even a beach.

Kids' stuff

There is so much going on for children at the Mayor's Newham Show that you'll have to see it to believe it.

Jon CBeebies stars the ZingZillas for the big Zing as they perform hits like Bubble Trouble, Shogun Doo! and Do You Diddadoo?

"The Mayor's Newham Show is well known for its children's entertainment. Family fun is always guaranteed."

Sir Robin Wales

As well as this, there is a children's stage with non-stop live entertainment, a children's area jam-packed with bouncy castles, face painters, messy play, traditional fun and games, circus skills and much more.



ZingZillas

Zak, Tang, Porree and Doun are the fantastic children's TV music sensation the ZingZillas. This year sees them leaving behind their tropical island home to visit the Mayor's Newham Show. They will be holding their very own big Zing on the main stage at 12.25pm on Sunday before the Time to Shine talent quest grand final.



If you love all things Zing don't rush away because the ZingZillas will also be making a number of other performances on the children's stage on Sunday, where they will be monkeying around and singing a selection of their hits.

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"I'm sure that all the borough's children already know who the ZingZillas are, I'm looking forward to finding out more about ZingZillas."

Sir Robin Wales

Sid Sloane and Andy Day

No one can make numbers such fun as children's favourites Sid Sloane and Andy Day. You can catch them at 12.25pm on the main stage on Saturday 13 July and at intervals throughout the day on the children's stage.





The Children's Stage

There is a first for 2013, a whole stage dedicated to children's entertainment.

Headlined by **Boyz n the Ring** and **Andy Day** on Saturday and the **ZingZillas** on Sunday, you can see the ever popular **Mr Mojo**, **Cosmo Bausages**, **The Aesley** and **Newham's Brass Band**, plus performances by **Newham's schoolchildren** from the **Every Child a Musician** programme (ECaM).

"I promised free mints, a button and a musical instrument to every Year 5, 6, 7 and 8 child. Now everyone can take with them something important for secondary school. I hope to see them all performing at the Show!"

Sir Robin Wales

The Children's Area

There is a whole zone at the Show dedicated to children. Here you will find everything from bouncy castles to face painters, storytellers and lots more.

Find out about **Newham's Every Child** programme which includes music, reading, sport and playing chess. There will be circus skills workshops, plus sports, games and a payable fun fair. There's even a petting farm.

Children's and Under Fives' Entertainment

Whether your child wants to grow up to be **Indiana Jones** or **Lisa Duff**, this year we have adventures for all.

Budding explorers, archaeologists or tomb raiders make sure you get to the children's and under fives' entertainment area.

Test your agility in darkest Peru while fighting off creepy creatures. Take care not to say you want your mummy when you are solving a papyrus puzzle or building a pyramid in ancient Egypt. Scale the heights of the mountains in Tibet or pen for gold and escape the dreaded snake pit. There's thrills, spills and adventures for everyone.



Discover

The **Discover Children's Story Centre** is bringing a traditional Mongolian Yurt disguised as a giant robot, to the Show where you can create your own science fiction stories or take part in robot making workshops.

"Discover really absolutely lived up to the hype and was a huge success for everyone to come along and see for cutting."

Sir Robin Wales

Every Child a Sports Person

2012 might have been the year of the Olympics but, as always, sports is a huge part of the Show.

Sign up for summer activities, test out BMX and rowing or get in the ring with the **Benny McLaughlin Boxing Academy**. There are fitness activities and everything from cheerleading to free running to have a go at.



"I think it absolutely lived up to the hype and was a huge success for everyone to come along and see for cutting."

Sir Robin Wales

For grown ups

Although the Mayor's Newham Show is a family friendly event there's plenty on offer for adults with or without children, from live music on the main stage to participation sports. Don't forget to visit the seaside, village fete, beer garden and cabaret tent.

The Main Stage

If music is your thing, this is where it's at – a whole world of music on one stage.

Enjoy the Latin rhythms of Luis Loma's Latinismo Salsa Band, boogie to the RnB and Motown sounds of Candy Apple Blues, get down with the latest from J-Sol, who appears fresh from touring with Welsh 52, Miha Band Chipmunk, or chill out to east London's roots reggae originals Riddim Squad. Also featured are the bilingual rappers Native Sun, Valentine and hosts Ashley J, Tee-J and DJ Joe Grims.

Main Stage programme

Programme and timings are subject to change

Hosts: Ashley J & Tee-J and DJ Joe Grims

Saturday 13 July

Time	Act
12.30pm	Sol & Andy
1.00pm	J's Dance Factory
1.30pm	YouthEntCity Academy
1.50pm	Tiana Thomas
2.10pm	Sigge Den
2.40pm	Bruts
3.10pm	James Anderson
3.40pm	Tal Torongo
4pm	J-Sol
4.40pm	Riddim Squad
5.20pm	Candy Apple Blues

Sunday 14 July

Time	Act
12.30pm	ZingZilla
12.50pm	Dabonah Day Theatre School Trust
1.30pm	Achida Costa with Limitless
1.45pm	Limitless
3pm	Time to Shine – talent finale
4.10pm	Valentine
4.50pm	Native Sun
5.10pm	Luis Loma Latinismo

TIME TO SHINE FINAL

If you want to see the hottest new talent make sure you get down to the main stage from 2-4pm to support your area's singer in the Time to Shine finals. Watch out for:

Black Diamond – singers – Stratford

Cloud 9 – singers – Green Street

Daniel Andy – dancer – Forest Gate

Dylan Choung – dancers – Manor Park

EC Lighthouse – dancers – East Ham

Gabba Pochito – singers – Beckton

Jade – singer – Plaistow

Jaimee Elock – singer – Custom House and Canning Town

Royal Docks Singers – childrens choir – Royal Docks

With special guests:

James Chise and Kinkade

"Time to Shine shows that Newham's got talent. The quality of our performers is right next to what you'd see on the UK's."

Sir Robin Wales

The Village Fete

Let us take you back to the days of the Famous Five, when village fetses consisted of lawn bowls, jam, scones and lashings of ginger beer.

Have a go at old time for stails: the coconut shy, hoopla, tin can alley or hoop-a-duck.

Don't forget your cooked wares to enter the Best in Show and test your skills at cake, jam and chutney making. You can also find out about gardening and allotments or go on a food adventure with Jamie's Ministry of Food Stratford.

"I always love the old-time entertainment at the village fets. You are sure to see electricity to help a duck at some point over the weekend."

Sir Robin Wales

Cabaret Tent

Get back and enjoy fantastic live entertainment for free.

The musical repertoire runs from Shani Adele, east London's very own Motown Diva, through to Sal Bahrir the Asian Elvis. There are comedy acts, theatre's music hall acts, unique African performances, juggling, hula hooping, plus the Russian Souvenir Ensemble and Sunshine Choir.

The two-day entertainment extravaganza will be smoothly guided by host with the most, Matt Bonard. Don't forget to bring your wallet to enjoy a drink at the bar.



Hobbies and Crafts Tent

From model railways to cake decorating, the British are known the world over for their love of hobbies.

Gathered together in one tent, we have some of the finest hobbyists in the borough who will be running expert workshops to help you find your perfect pastime. If you fancy learning a craft, want to enrol on a course or just want to spend a few hours trying something new, this is the place to go.



Back to the Future

Do you want to know what the future holds for Newham? Make sure that you visit the Live, Work and Stay tent.

Find out about the £1bn ABP Chinese development, the new housing wings in Royal Dock or how Crossrail will make your homes just half an hour from Heathrow.

It's not just about new buildings and infrastructure; you can find out about future opportunities for yourself too. Newham's Workplace will be on hand for career advice and job opportunities and you can find out about the many educational opportunities available in the borough.



The Sports Zone

Thinking about how to get active and stay healthy? Get into this zone and do all that and more.

You can have a go at badminton, Zumba, martial arts and more. You can take a spin class or enter the rowing challenge. There is also an Olympic and Paralympic-themed zone where you can look back on last year, and even get a free photo of yourself with the Olympic and Paralympic torches.



as well as a health action plan.

As well as this, you can find out about a range of health information from epilepsy to stroke and maternity care to smoking cessation, helping you to live a healthier life.

Newham by the Seaside

Yes, it's back – your very own beach in Central Park. Pull up a deck chair, go for a paddle (and the shark) and enjoy the sun, sea and sand.

During the day you can relax to the steel pan band. You can take a donkey ride, have a go on the heater slider or sample all that the BBQ has to offer.

Back by popular demand, we have photo-me prep boards, sand sculpting and the ever popular Punch and Judy show.

14 Fresh something about a beautiful day's holiday. So what's on the agenda for the day? Well, it's a day of fun, with a little bit of learning too. So, it's a day of fun, with a little bit of learning too. So, it's a day of fun, with a little bit of learning too.

Sir Robin Wales

Health Zone

Don't miss the chance to have a free health MOT. This includes checks to give you a personalised risk calculation of your chances of developing heart disease and diabetes in the next ten years.



Big wins

Come to the Show for your chance to win

- On Saturday you can win tickets to Sunday's **Yahoo! Wireless** headlined by Jay-Z and Justin Timberlake
- **free venue hire** at the Old Town Hall, Stratford
- **dinner and B&B** for two or a family lunch for four at the Elia Styles Hotel, London E20JL
- **free annual membership** to Stratford Picture House

Find out how to enter by visiting any information point located in one of our pink phoneboxes.

Eating Out

If you're planning on coming for the day, why not bring a picnic? There's loads of space to lay out a blanket, sit down and have a meal with family and friends or take a seat on a picnic bench.

If you want to eat out there are lots of options. The Kitchen Table Cafe is a permanent feature in the park and they always have a great menu, with daily specials and ice creams.

As well as this, you can sample cuisine from all over the world. On offer will be French croques, jerk chicken, Chinese, Lebanese and Thai cuisine.

For dessert enjoy British doughnuts and ice cream cones.



Getting there

If you are coming to the Mayor's Newham Show please use public transport. Central Park is easy to get to.

By bike

- There is secure cycle storage at the High Street South entrance where free doctor bike safety checks will also be on offer. Bikes aren't allowed into the park itself.

By Tube

- Take the District or Hammersmith and City Line to East Ham Station. Ten minutes walk from East Ham Station.

By bus

All buses below go to Barking Road or High Street South. Ask the driver where to alight.

Disabled access

- Parking is reserved for blue badge holders on a first come, first served basis near the Randell Road gate.
- Wheelchair accessible lift on Barking Avenue, High Street South and Randell Road.
- There will be a platform for wheelchair users by the main stage.
- Wheelchair accessible toilets are available on site.

Conditions of entry

The Mayor's Newham Show takes place on grass. No bikes are allowed. No dogs are allowed (except guide dogs). No glass bottles or sharp items are allowed.

You may be searched as a condition of entry.



Mayor's Newham Show is an exciting event for all the family. It's a chance to enjoy a day of fun, games, and entertainment. The show is held on a grassy area, so it's perfect for children. There are many activities for all ages, including games, crafts, and more. The show is a great way to spend a day with the family.

Sir Robin Wales



EAST CITY POINT

CANNING TOWN

One and two bedroom apartments available for sale on a part buy/part rent basis

One bedroom
apartments from
£66,000*

42% share
Full market price £145,000

Only 5% deposit
£3,300

Two bedroom
duplex apartments
£88,500*

33% share
Full market price £235,000

Only 5% deposit
£4,425

Applicants must live or work at or near Canning Town, and the full fee will be given to rental tenants and MGO Personal.



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* Taxes and conditions apply and a mortgage from a 3rd party is required. This is a loan used to fund along day beyond and other costs associated with purchasing a share. Availability of this product is subject to eligibility and affordability assessment criteria. Your house may be repossessed if you do not keep up with payments on your mortgage or end/borrow charges. Affinity Sutton is one of the largest affordable housing providers in England. It is not licensed to sell mortgages or give financial advice. Independent financial advice should be sought. Prices and sales contract at the time of going to press.



Win with Direct Debit

If you pay your Council Tax by Direct Debit or sign up before 10pm on 19 July 2013, you will be automatically entered into a prize draw to win a pair of tickets to the **Open East event** and **Sainsbury's Anniversary Games** being held on 26, 27 and 28 July!

To qualify you must permit monthly Direct Debit deductions for the whole of the financial year 2013/14.

There are up to ten pairs of tickets to be won for each event. Visit www.newham.gov.uk/iddcomp for more information. To sign up for Direct Debit and to view the prize draw terms and conditions.

The draw for this tickets will take place on 19 July 2013 and those selected will be notified by Monday 29 July.

Paying by Direct Debit is safe and secure: you're protected by the Direct Debit Guarantee and you choose the payment date and frequency to suit you.



Tea Dance

Put on your dancing shoes and join our tea dance programme to get active and have fun!

Date: Friday 19 July
Time: 1.30 - 4.30pm
Venue: Old Town Hall, Stratford, E15
Cost: £3 per person, which includes a free raffle and light refreshments

For more information please call: 020 3373 2879 or visit www.newham.gov.uk/party

Make Newham your home

Housing in London is a hot topic. In Newham, we want properties to be more than bricks and mortar to those who live in them. We want them to be homes where people put down roots and feel part of a community.



Newham

There are a number of things that influence where people choose to live and whether they choose to stay and make it their home. For instance, if you have moved to Newham you may have been attracted by the affordable house prices and rents and only later realised how much the borough has to offer. After all, 350,000 people can't be wrong.

Homes

Newham is one of the only places in London which still has affordable homes.

Over the next five years, the council will have financed and built more than 700 properties on their land. These will be a mix of housing for rent and sale to working households on low incomes through a shared equity scheme, as well as new social housing.

To help make life easier during tough economic times Newham has the lowest Council Tax in outer London and there has been no increase for five years running.

Transport

Newham has some of the best transport links in London.

Alongside expensive Tube, bus and rail networks, Newham boasts a cable car, an airport and two Cycle Superhighways. You can fly into Europe in less than an hour or get into the City in as little as 12 minutes.

Work

Whether you work in Newham or not, excellent transport links, which will soon include Crossrail, make it easy for you to reach the whole of London and beyond.

Stratford and the south of the borough are becoming magnets for businesses wanting to establish themselves in one of London's up and coming areas. The most recent example is a £1bn redevelopment of the Royal Docks by Chinese developers ABP.

As well as establishing a major new business district for London, it's estimated that 20,000 new jobs will be created in Newham, many of which will be earmarked for local people.

Schools and education

Newham's schools are improving year on year. The proportion of young people achieving five good grades at GCSE (including English and Maths) is now 61 per cent, which is better than the national average.

We're breaking new ground with our Every Child programme which improves the life chances of our youngest residents by giving them the same opportunities as those from more affluent boroughs.

The programme includes music tuition and an instrument for all Year 5, 6 and 7 pupils. We're also working with schools to improve reading tuition and provide volunteers to help ensure that no child leaves primary school unable to read.



Community

If London represents the world then Newham is its capital city. It is the most diverse place in the UK, with more than 300 dialects or languages spoken in Newham schools.

Our diversity and community cohesion makes us a unique place. We find events through our Let's Get the Party Started campaign, which financially supports residents to hold small events in their area that bring the community together.

Last year more than 185,000 people attended one of these events and thousands more will follow their lead

as the programme continues this year. You can find out more by visiting www.newham.gov.uk/grants

Finding a new home

When moving home, factor in all costs. These include any deposits and moving costs.

Always ensure you can afford your monthly rental or mortgage payments by comparing all of your essential outgoings against your income.

Visit www.newham.gov.uk/

MyHomeinNewham for tips on how to find a home to rent in Newham and look

out for housing snakes and ladders at the Mayor's Newham Show in the Village Fete area. See the map on page 16.

Private Rented Property Licensing

People renting privately shouldn't have to put up with poor housing conditions. We're the first council in the UK to introduce borough wide private property licensing to ensure safe and decent homes for all our residents.

www.newham.gov.uk/propertylicensing



Newham in pictures



1 On the pull: A volunteer at the Dig It community garden event at the Jack Cornwell Community Centre, E12. 2 A golden opportunity: residents gather to hear poets of wisdom from West Ham United on chairman David Gold as part of the Ideas Olympiad. 3 A roaring success: Fans cheer on their team at the SEBODIT UK Asian Community Cup held at West Ham United FC. 4 Toddlers and parents have a banging time at the Drum Jam at Cleves Primary School, E5. 5 Arriving at Stratford: Coming to America receives the royal treatment at a special screening at Stratford Picture House.



Shoppers' paradise

If you're looking for an unusual gift, a bargain buy or just want to support local, independent retailers head down to East Ham Market Hall, E6.

Tucked away between Myrtle Road and Pilgrims Way, the market hall gives you everything you need under one roof.

From white goods to back sofas and flowers to food, you can find it all and more at this indoor market, which has stood on the site for almost 100 years.

We've teamed up with retailers at the market to give you these great offers.

GameXchange

Are you game for a bargain? Then head down to GameXchange.

Get a free iPhone charger with any purchase and up

to 25 per cent off pre-owned games.

Prices start from 40p, with pre-owned consoles on sale from £30. Offer ends 31 July. Drop in to Unit E14 or email mail@gexchange.co.uk



The Ham & Bacon Pizzeria

Bring home the bacon with a visit to this English and Polish deli meat counter – the

only counter of its kind in East Ham – at Unit 31

30. Spend £10 and get ten per cent off. Offer ends 5 August.

East Ham Fashion Watches

High time you bought a new watch? Look no further than Unit

106. Buy any pocket watch for £7.99 and get one free.

Offer available while stocks last. Call 07957 652 766 for more information.



Jordan's Roses

Say what you can't with words by sending flowers.

Get ten per cent off of all floral packages including weddings, parties, funerals or any other occasion. Valid until 31 July at Unit F. Call 07757 903 277 for more information.



Handmade Jewellery & Beads

Add some sparkle to your life with 20 per cent off all pre-packed beads when you spend more than £10.

The shop at Unit 48-50 sells a superb range of beads and tools, as well as starter kits, beading kits and semi-precious stones set in sterling silver jewellery. You can also sign up for a two-hour jewellery making session for £20. Offer valid until 31 July. Call 07668 246 695.



Anaya Confezioni

Baby shower or new baby? Drop by the unusual shop for some mummy must-haves. **Spend £15 or more on any nappy cake**

or baby gift set and get a free nappy muffin, nappy bottle or sundae. Spend £15 or more on any Ferraro Rocher sweet tree and get a free gift. Offer ends 31 July. Head to Unit 122 or call 07946 372 527.





The best of the rest: East Ham Market Hall offers - all end 30 July

Alterations: alter three trousers and get the fourth alteration free at Unit 92. Tel 07961 638 722

Capture Inter Studio: get a professionally shot, 16x20inch, individual or group portrait for £5 (usually £70) at Unit E2. Booking essential. Call 020 8552 0100. Offer limited to one per customer/group.

Chinese Medical Clinic: ten per cent off of everything until 19 July at Unit H. Call 020 8472 8606

Coffers: buy one get one free on all spiced hot drinks in Unit E8

Fashion Clearance: ten per cent off all designer brands when you mention the Newham Mag at Unit 9-11.

Foam Shop: Spend more than £20 on foam or table covers and get two small scatter cushions free at Unit 93.

Meryem Popcorn: Spend £3, get £1 to spend for free. Pilgrims Way E6

Pots and Pans: 20 per cent off of everything. Valid until 19 July. Unit C. Call 07572 153 875.

Pure Unnio Textiles: buy one get one half price on Afro-Caribbean fashion. Call 07737 115 283. Unit 73-74.

All offers are subject to availability and while stocks last. Visit www.easthammarkethall.com for opening times and more information. You may need to show a copy of this feature in order to redeem offers.

Want help starting your business?

If you want to start your own business help is at hand. If you're aged 18 to 30 you may be eligible for a loan from the Start Up Loans Company. Visit www.startuploans.co.uk for more information.

To get support setting up your own business visit <http://goeast.org> or call East London Small Business Centre on 020 7377 8821.

Visit www.newham.gov.uk/startups for more advice.

East Ham Market Hall
Myrtle Road
East Ham

Call 020 8472 1745



For more great offers visit
www.facebook.com/easthammarkethall



Follow on Twitter @easthammarket



A paws for the

More and more of us are getting cats as pets, but animal welfare organisations like the RSPCA are struggling to cope with the numbers being abandoned. Since January, the Newham branch has had more than 1,000 calls about unwanted cats.

To find out more about the cat crisis we spoke to Lorna Gowers, a local volunteer with the RSPCA and deputy chief inspector Irene O'Neel.

Lorna has been a volunteer with the RSPCA for more than 15 years and first became involved when she rescued a dog. Irene has been with the RSPCA for seven years, five of them in Newham. Neither of them wants to see animals being destroyed, but resources are limited and sometimes this can be the only option. They're calling on residents to be responsible pet owners and get their feline friends neutered.

Why are cats such a problem in Newham?

Lorna: Some of it is that people don't understand that a female cat can have up to four litters a year with six kittens in each litter. Those kittens can then go on to breed when they are five months old. Owners then find that they cannot cope with the number of cats and they dump them or call us. We try to home as many as we can, but with the number



or cats we are getting, we can't cope. That is why we are offering neutering, for a contribution of £25 or less, because then there is no reason why any cat should become pregnant.

What about male cats?

Lorna: Un-neutered male cats tend to chase other cats. They get run over and have serious injuries. Not only that, they can cause problems to your

neighbours. They make loud noises and spread infection inside. They also spray, a form of scent marking. It's a territorial thing and the smell is quite pungent. You will know when your cat has been spraying. If you keep them indoors without neutering them they will spray inside your house and they will also go in through cat flaps in other people's houses and spray that territory too.

> WORKING LIVES

Lorna: To be a good neighbour you need to neuter your male and female cats.

Is this a national problem or is it specific to Newham?

Lorna: It is a national problem, but because Newham is a densely populated area we have particular problems.

What can be done?

Lorna: We are trying to get the message across, that you should neuter all of your pets. There's no point in letting your animal breed when there are so many needing homes.

What is the RSPCA doing about this cat crisis?

Jessica: We've launched two pledges to improve the lives of animals in England and Wales over the next five years. One of the pledges is to end the overpopulation of pets. In particular, we are trying to neuter as many cats as possible.

Is neutering painful or cruel?

Lorna: We don't think so. It's done under anaesthetic. Usually you make an appointment for the next day. The animal arrives in the morning and it goes home the same day. I've seen hundreds of cats being neutered. Within an hour or so they are back to normal.

Get your cat neutered

Call **03000 12 12 12** or visit **www.cats.org.uk/C4** to get your cat neutered for free.

C4 is a group of animal welfare organisations, including the RSPCA.

What can you do?

The RSPCA is looking for people that can foster animals in their homes. They also need volunteers who have transport, are good at fundraising or can help in their charity shop. To volunteer call **07950 576 151** and you will be invited to a meeting.



Newham London

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Visit: www.newham.gov.uk/pestcontrol



WELL AWARE: SHAPING YOUR HEALTH SERVICES



A new group of local GPs and clinicians in Newham have come together to ensure that you get access to the best possible care.

NHS Newham Clinical Commissioning Group (CCG) is responsible for planning, buying and monitoring NHS services, from cancer care to mental health and hospital operations to prescriptions.

What the CCG represents:

Clinical: the CCG board is led by local GPs and other healthcare professionals elected by all Newham's GPs

Commissioning: the board plans, buys and leads the quality of hospital, community, mental health and other NHS services on your behalf

Group: the board is accountable to you, patients, and NHS England for your local NHS services.

Dr Zuher Zarfa, a GP at Customs House Medical Centre, is chair of NHS Newham CCG. He said: "As clinicians we understand the needs of patients so we are more connected to what they want."

"We want to make it easier for local people to use the NHS, so a patient who has a long term condition doesn't have to go back and forth for appointments. We also want to move services closer to people's homes so they don't always have to go to hospital."

Fellow board member and practice nurse Janet Ball is proud to be representing the views of nurses to the CCG. She said: "Nurses are the cornerstone of the NHS. I am really looking forward to working with clinical colleagues to offer care in the best place."

We know this is often not in hospitals but closer to home."

The CCG holds regular public meetings and encourages Newham residents to share their feedback via www.newhamccg.nhs.uk

Good health is about more than just good NHS services. The CCG will work with the council and other partners to encourage and support local people to make healthy choices and live better lives for longer.

Dr Zarfa added: "Newham's main health issues include high rates of diabetes and obesity. These are big challenges which cannot be met by the NHS alone so it is really important to work on them together with local people, the council and other groups."

For more information on NHS Newham CCG visit www.newhamccg.nhs.uk

A PLAN FOR THE FUTURE

Being a teenager isn't always easy and for some young people mainstream schools are not always the best place for them to flourish. Some young people are even portrayed as facing too many barriers to be able to achieve or follow their dreams. Pupils from Tunmarsh Pupil Referral Unit (PRU) in Plaistow are proving that stereotype wrong. The *Newham Mag* joined musician Plan B, aka Ben Drew, to congratulate pupils at their Year 11 record of achievement ceremony.

Tunmarsh provides a range of specialist support and interventions for pupils who are not able to attend a mainstream school.

One of these is Sophie George. Hestlow 16 Sophie struggled at regular school because of a disability.

Speaking at the school's Year 11 record of achievement ceremony she explained how Tunmarsh has helped her. She said: "In primary school I didn't have a very good time. I was

in and out of hospital. Then I started home schooling and was paired with the Tunmarsh PRU and a mentor. The mentor is the one that helped me with all my home schooling and got me through all my GCSEs."

Sophie now plans to go to college to study media and photography. She will be joined by 17 Year 11 students from the Tunmarsh who passed their exams and are continuing their education at college.



Ben Drew, better known as Plan B, grew up in Forest Gate. He had a difficult childhood, was expelled from school and ended up at Tunmarsh PRU. As it turns out, it was the best place for him.

Ben cannot praise the teachers highly enough. He said: "I always champion them. This was the one place where the teachers said 'if you want to be a musician, we believe in you, you should pursue it'."

Since leaving Tunmarsh he has recorded three award-winning albums, two of which were chart number ones. He has built a career in the film industry, culminating in writing and directing his own film *Bill Monro* (2012) and starring in the number one box office smash *The Wayway Way* (2012).

With the world at his feet what did he do? He went back to Tunmarsh. He said: "I think that as a society you have to have compassion for kids who are growing up in difficult environments. We have to take the responsibility to make them our

responsibility. You can blame the parents all you want, but once you've finished blaming the parents where have you got? You haven't got anywhere. You've discovered what the issue is and now what? How think the job is done? It's not."

Ben is not someone who is short of answers. He is a man with a plan. "These children are showing from an early age that vocational careers are the kind of thing that will be best suited for them. I think where the Government goes wrong is that they say 'we spent all this money, how many kids passed their GCSEs?' But things shouldn't be governed on GCSEs when you're talking about kids like this."

Ben is also prepared to put his money where his mouth is. As part of his *Each One Teach One* Trust – a university of alternative learning – he is building a new music room

at Tunmarsh, with a state-of-the-art studio and funding a teacher to help children build real careers. The method is strikingly effective. He explained: "If you want these kids to do a subject that they don't want to do, like Maths or English, you first have to show them that they are capable of achieving something and the only way of doing that is by doing something that they want to do."

Ben is also passionate about why he is giving something back. "It makes everything that I have done, even the mainstream stuff, it makes it all mean something."

As well as the time he spends coaching and mentoring, Ben is also keen to bring other musicians and artists to the school. "We can make a difference and make our lives mean more by coming back here."



National title is in the basket

The shining stars of Newham's 21st Century Academy's Under-16 boys' basketball team have won them a massive prize in the country for the second year in a row.

The NASBA team travelled to the 3/4 league Basketball Centre in Manchester where they beat Derby Talisman 89/50 scoring 80 baskets to 64 in the final of the Burest England Basketball National Cup.

NASBA's superior ball handling skills, fast breaks and solid defensive plays proved decisive. Team captain Javon James from Canning Town's Foxley School was top scorer with 36 points and voted the game's Most Valuable Player.

NASBA director Jawahar Hart said, "We are all very pleased at becoming the strongest team in the country. Everyone who took part should feel proud. The team played well and gave it their all." Turn to page 35 for article of NASBA basketball sessions.



Join the carers forum

Newham United Carers Forum is a practical meeting where carers can discuss their needs and issues or find out about the services that are available to support them.

A carer is someone who, without being paid, looks after a relative, child or friend who is frail, disabled, ill or a substance misuser.

The next meeting is at 10.30am on Thursday 15 July at St John's Church, Stratford. It includes speakers from Newham Clinical Commissioning Group, Mental Health Commissioning and the Carers UK Ambassador Programme. Light refreshments are provided.

If you have not been before, or have any access or dietary needs, call Jackie Hardy on 020 5610 7536 or email jackie.hardy@newhamprogramme.org.uk



Young masters of the arts

A free exhibition showing the artistic creativity of children in Newham's schools is going on display at the University of East London's Docklands Campus School of Architecture and Visual Arts.

Newham's annual schools art exhibition, Art Masters, will be staged at the campus in University Way, E16, on 5 July and from 6 to 12 July. It showcases the talent of young people in primary schools, secondary schools and colleges.

Cyprus DLR Station is at the entrance to the campus. Buses 101 and 300 run to and from East Ham Station. Visitors are asked to use public transport as parking in the area is limited.

The exhibition has been funded by the University of the Arts London. For details of exhibition times, bookings and workshops, email ashia.cooper@psa.net.newham.sch.uk



The exhibition has been funded by the University of the Arts London. For details of exhibition times, bookings and workshops, email ashia.cooper@psa.net.newham.sch.uk

Annual fun day

The Newham branch of the National Autistic Society invites residents to their annual family fun day on Saturday 27 July.

The event takes place at West Ham United's Community Sports Trust training ground, Althrose Close, Woolwich Manor Way, E8, from 1-4pm.

NAS Newham Branch Officer Sean Hurley said: "This year's event promises to be bigger and better than ever. There will be inflatable and soft play areas, music, sports, animals, autism friendly activities and amazing information and fun stalls.

"It is important that the community learns more about autism spectrum disorders and understands what help and advice is available."

Everybody is welcome to join in the fun. If you are interested in holding an information table or a stall contact newham@nas.org.uk



View of life on the tiles

An exhibition of ceramics and woodcuts by artist Carol Windham will take place at the House M6 Gallery on the Stratford and Bromley-by-Bow border until 14 July.

The exhibition is a new venture for the House M6 in Three Mill Lane. It will open daily from 11am-4.30pm except on Mondays.

Carol is a graduate of the Royal College of Art. She recently had work in the Rude Britannia exhibition at Tate Britain. Her work will be featured this year at the London Guildhall Art Gallery and the Brighton Pavilion Museum Art Gallery.

For more information about the exhibition email carole.windham@virgin.net or visit www.carolewindham.com

Tidy effort by rugby club

Members of East London Rugby Club were joined by local residents for a clubhouse makeover that will benefit those who play the game or use the club as a community hub.

The clean-up at the Memorial Ground headquarters in Holford Road, West Ham, was part of the NatWest RugbyForce Weekend, which helps clubs like East London deliver improvements. Tasks included chopping down trees and hedges, sprucing up the car park and changing rooms and other basic DIY repairs.

On Saturday 20 July from 10am the club will be hosting the East London 7s tournament. More than 20 teams, including ladies teams, are taking part in the fast action version of the game that debuted in the Olympic Games in Rio in 2016. There will also be live music and activities for children.

For more information about East London Rugby Club call 020 7476 5526 or visit www.pbchero.com/clubs/eastlondonrfs



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry. We
cannot return any entries.

GALLERY



Faisal Alomari, 10



Misha, 10



Helina Sam, 7



Aisha Siddiqui, 10

Free membership at Stratford Picturehouse

This issue's winner receives free annual family membership of Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize, send your pictures, jokes and poems to: **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2GU.** Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Colour-me-in Crossword



Across

- Swimmers wear them to protect their eyes (7)
- Re-arrange **RESTROOM** to find a sea-creature (7)
- One part of a bird's plumage (7)
- Type of banger (7)
- Van Gogh or Leonardo da Vinci (8)
- Not easy to understand (7)

Down

- It swirls around in a bowl at home (6)
- Famous rock in the Mediterranean (5)
- Type of tick on a door (5)
- Wale teacher (5)
- Tall tree (5)
- Manchester football team (6)
- Blood vessel that carries blood from the heart to the body (6)
- Skin complaint (6)

Poem

What poems mean to me

These poems are me,
Describing my feelings and how
lovely I can be
So please carry on reading,
And try to understand the meaning.

This poem is like a lifeline,
Having rhythms beats all the way
I try my best to make this
poem rhyme,
But it's hard in every way.

For me poem is all about rhymes
and rhythms,
It's funky and awesome.
Poem is like a clown,
Always making me laugh
and smile.

Poems are like a heart,
If the rhythm stops,
everything stops.
And bye bye it goes,
And slowly drops down
down below.

Well I guess this is the last verse
of me and you,
Hope you enjoyed, not a few.
Always remember that poems are
a lifeline e.g. you,
And rhymes are like air,
Without it you won't live you
will die.

Arghya Burman, 12

WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

5 - 19 JULY

OUR THRILLING THREE...

1

Beckton Summer Festival – Sunday 20 July
12-4pm. A free event with bouncy castles, face painting,
henna art, food, gardening advice and basketball
and football lessons with UEL SportsCoach staff.
New Beckton Park, Savage Gardens. E8

2

Tea Dance – Friday 19 July, 1.30-4.30pm. Put
on your dancing shoes and come along to our tea
dances to get active and have fun. £3 per person.
Shardford Old Town Hall, Broadway. E15

3

The Lanoor Football Tournament – Sunday 7
July, 10am. Register your team and come down to
Little Ford Park, Church Road, E12, to play in a
fun-filled football tournament. £2 per person.
Call 07955 132 818

MENTION THE MAG...

Have you ever thought about trying a martial art?
Mention the Mag and you could get a free lesson with
Gurumu Taekwondo.

Based in Menor Park since 1993, the club specialise in
teaching the Olympic style of Taekwondo
and have been the British National Team
Champions for the past two years.

Classes take place on **Mondays
and Wednesdays**, children 6-7.30pm
and adults 7.30-8.30pm at **Menaga
Primary School, Halsey Road, E12.**

For more information call
07501 703 140 or email
www.kumar_beds@yahoo.com



TRY SOMETHING NEW... SURREALISM

Surrealism is alive and well in east London. Although known
for the work of artists like Andre Breton, Rene Magritte
and Salvador Dali it has continued to grow and explore the
strange and bizarre.

A new exhibition by the Surrealist London Action Group
is opening at the Red Door Studios, Markham Road, E8.
The exhibition is called *Mysteria of the Red Planet* and
features surrealist games, automatic drawings, paintings,
3D work and video.

The exhibition is open
Saturday 15 July, 2-8pm,
private view and poetry reading
Sunday 14 July, 2-6pm
Tuesday 16 July, 4-10pm
with a live performance
at 7.30pm
Wednesday 17 July, 4-8pm
Thursday 18 July, 2-6pm
Friday 19 July, 2-6pm.



 **Indicates free sessions**

ARTS AND ENTERTAINMENT

Comedy Night

Entertainment every Mon, 8pm
Theatre Royal, Gerry Relfs
Square, E15. Visit
www.craftfordstudios.com/
comedy-night

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sessions for 2-5 years
Wed afternoons - Discover Story
Centre, 383-387 High Street
E15. Call 020 8530 5555
Mon mornings: The Heartley
Centre, 257 Barking Road, E8
Call 020 7540 6553

**Free entry to Discover
Children's Story Centre
when you attend.**

Free music therapy sessions
for 2-5 years

Thurs, 3-4pm at Shrewsbury
Children's Centre, Shrewsbury
Road, E12. Call 020 3373 6060
Fri, 2.15-3.15pm or 3.45-
4.45pm, Susan Lawrence
Children's Centre, Lawrence
Avenue, E12. To book, call
020 3373 7227

COMMUNITY LEARNING

Do it Online

Basic computer sessions at
local libraries. You must book
in advance.

Tues, 2-4pm, Fleetow
West, 2-4pm, Shardford
Thurs, 10am-12noon
Canning Town, The Gate
and Menor Park
Fri, 2-4pm, East Ham

Knit & Natter

Craft group for adults,
at local libraries.
Fri, 10am-12noon, Canning Town
Wed 10am-12noon, Beckton

Basic Numeracy (19a) 
 Mon Thurs, 10am-3pm and
 Fri, 10am-1pm, Jack Cornwell
 Community Centre, Jack
 Cornwell Street, E12 Call
 07963 887 618/
 07507 173 272

Writing for Fun 
 Free ten-week creative
 writing course for 16+ at local
 libraries. Mon, 6-8pm and Fri,
 1-3pm, Stratford

Reading for Pleasure 
 Free ten-week course at local
 libraries. open to all. Sun,
 2-4pm, Stratford

UNDER-FIVES LIBRARY ACTIVITIES

Open to under fives with
 their parents/carers, at local
 libraries

Imaginative Play 
 Fri 11am-12noon East Ham

Interactive storytelling 
 Fri 10-11.30am East Ham

Storytelling 
 Mon 11am-12noon, Canning
 Town and Beckton Globe
 Tues 10-11am, Canning
 Town 11am-12noon
 Custom House, Stratford
 The Gate
 Weds 2-3pm, East Ham
 Thurs 2-3pm, North Woolwich
 Playlaw
 Fri, 11am-12noon, Stratford
 Green Street and Minor Park

Toy Library 
 Tues and Thurs,
 10am-12noon, East Ham

YOUNG PEOPLE'S LIBRARY ACTIVITIES

Homework Club 
 For young people aged seven
 to 14. School term only.
 Mon 4-6pm Stratford and
 East Ham

Mon, 3.30-5.30pm,
 North Woolwich
 Weds 3.30-5.30pm
 Green Street and Minor Park
 Thurs 4-6pm, Custom House,
 Forest Gate and Plaistow
 Fri 3.30-5.30pm Beckton
 and Canning Town

ADULT LIBRARY ACTIVITIES

All sessions take place at
 local libraries

Adult Reading Groups 
 Mon 5 July 6.30-7.30pm
 Stratford This month's flight
 Behaviour by Margaret Atwood
 Mon 15 July 6.30-7.30pm East
 Ham Book to be confirmed.

Over-50s Club 
 Thurs, 10am-12noon
 Beckton Globe

GENERAL LIBRARY ACTIVITIES

Chess Club 
 Learn and play chess for free
 at your local library
 Thurs, 5.30-7.30pm, Stratford

EXTRA ACTIVITIES

**Royal Docks Learning
 & Activity Centre**
Mon Employment Support
 sessions by appointment only
Tues Bingo, 10am-12noon
 Healthy Cooking Group
 10am-12noon
Over 50s Computer classes
 11am-1pm
Weds Mother and Toddlers
 group, free 9.30-11am
 Coffee Morning, free 9.30-11am
 Leave to Earn - Employment
 Support Drop-in, free,
 10am-2pm
 Sewing Classes 10am-12noon
Thurs - Twinkl, £2,
 10.30am-12noon
**Royal Docks Learning &
 Activity Centre** Albert Road,
 North Woolwich, E16
 Call 020 7476 9332

LGBT Community Group 
 For over 50s. Snacks and
 refreshments provided

Every third Tues of each month
 4-6pm, Community Resource
 Centre, 200 Chargeable Lane
 E13 Call 020 7230 0447

Dirty Nanda Project
 Grow your own fruit and veg
 Open to all. First Sat of each
 month, 10am-3pm, Valida
 Grove, Approach Plowton
 Station E13 Visit
www.dirtyhandproject.org.uk or
 email dirtyhandproject@gmail.com
 or call 07861 674 210

Table Top Sale
 Sell your goods and keep your
 profits. 25 a table - open to all.
 Last Sat of every month, 9am-
 2pm. Jack Cornwell Community
 Centre, Jack Cornwell Street,
 E12 Call 020 7053 3459
 1st Sat of every month,
 10am-4pm, Community
 Resource Centre,
 200 Chargeable Lane, E13
 Call 020 3373 2211

Turn up and trade
 Free pitches available for
 traders. Every Sat, 9am-
 4pm. Railton Market
 Barking Road E16 Email
sales@turnupandtrade.co.uk
 or www.turnupandtrade.co.uk
 or call 07790 945 985

BASKETBALL

Youngbloods Basketball
 All sessions cost £1
 U12s mixed, Sat 7-8pm
 East Ham Leisure Centre, £5
 U13/14s boys, Mon, 6-8pm,
 St Angelo's School, £7
 Tues 5.30-7.30pm,
 Newham Leisure Centre, E13
 U14s girls Mon 4.30-6pm,
 St Angelo's School, £7
 Tues 5.30-7.30pm,
 Newham Leisure Centre, E13
 U15/16s boys, Tues, 6-8pm,
 East Ham Leisure Centre, £5
 Fri, 5-6pm St Angelo's School, £7
 U17/18s boys Tues, 6-8.45pm
 East Ham Leisure Centre, £5
 Thurs 7-8pm St Bonaventures
 School, £7
 Fri 6-8pm St Angelo's School, £7
 Call 07968 307 657

**Newham All Star Sports
 Academy (NASSA)**
 Sessions are £1 unless
 indicated otherwise
 Weds 4.20-6pm U13-14
 6-8pm, U16-18
 8-10pm, Senior Men
 Thurs, 4.20-6pm U13-14
 6-8pm, U16-18
 8-10pm, Senior Women, £2
 Fri 4.20-6pm U13-14
 6-8pm, U16-18
 8-10pm, Senior Men Run, £2
 Sat, 10.30am-12.30pm, junior
 boys and girls, £ 14, £2
 All sessions take place at UCL
 Docklands Campus, University
 Way, E16 Call 07703 503 905
 or 07712 176 301 Visit
www.nassasports.org.uk

National League 
 Mon, 6-8pm, U13/14s
 Rokenby School,
 Barking Road, E16
 Tues, 6-8pm U15/16s
 Rokenby School,
 Barking Road, E16
 Thurs, 4.30-6pm
 U13/14s boys, U14s girls,
 Newham Leisure Centre,
 Prince Regent Lane, E13
 6-8pm, U16s
 Newham Leisure Centre,
 Prince Regent Lane, E13
 6-8pm, U18s, Cumberland
 School, Oban Close, E13

Gifted and Talented 
 Fri, 4.15-5.30pm
 Cumberland School
 Oban Close, E13

Basketball Session 
 Sat, 10am-12noon
 Newham Leisure Centre,
 Prince Regent Lane, E13

**Senior Men/Women
 Programme** 
 Mon, 7.30-8.30pm
 Division 2 Women and Division
 3A Men Rokenby School/
 Canning Town, E16
 Call 07947 407 876

Jv3 Basketball League 
 Thurs, 5-7pm, £10s, Forest
 Gate Youth Centre, Woodford
 Road, E7
 Fri, 7-8pm, 8-10s, Littleford
 Youth Zone, Rectory Road, E12





3v3 Basketball Competition

2nd Sat of the month, 10am-1pm U12s/U14s/U16s, Littleford Youth Club, Hinchey Road, E12

Basketball & Multi Sports
Fri 5-6:30pm 6-18s Snowhill MUGA, Snowhill Road, E12

FOOTBALL

Mayor's Football League
U10s, U12s Mon 4:30-5pm and U16s U18s, 6-7pm Newham Leisure Centre, Prince Regent Lane, E13

WVU Kicks
Mon, U14s, 4-5:30pm 15+, 5:30-7pm West Ham United Community Astro Turf (Beckton), E8
11-18s, 5-6pm Forest Gate Youth Centre, E7

Tues, U14s, 4-5:30pm 15+, 5:30-7pm West Ham United Community Astro Turf (Beckton), E8
11-18s, 6-8pm Priory Park MUGA, E9
Weeks, 11-18s, 5-6pm Priory Park MUGA, E9
Thurs, 11-18s, 4-7pm Priory Park MUGA, E9
Fri, U14s, 4-5:30pm Girls 11+, 5:30-7pm West Ham United Community Astro Turf (Beckton), E8
11-18s, 5-6pm Forest Gate Youth Centre, E7

London Youth Games
Mon, 4:30-5pm, U14, Newham Leisure Centre, Prince Regent Lane, E13

Football & Multi Sports
Mon, 5:30-7pm, 8-18s Week, 5-7pm, 8-12s, Stratford Park MUGA, West Ham Lane, E7S

6-a-side Football Competition
Weeks 5-6:30pm, 6-18s Forest Park, Forest Park Road, E16
Thurs, 5:30-7pm, 8-12s, Royal Wilton Gardens, Pier Road, E6
1st Sat of the month 10am 1pm U12s/U14s/U16s, Peasack Park, Peasack Grove, E6

Football & Multi-Sports
Sat 2-3:30pm, 8-18s Windsor Park Estate Windsor School MUGA, East Ham Minor Way, E8

Air Football (16+)
Tues, 1-3pm and Fri 10am 12noon, 15+ Memorial Park Memorial Avenue, E15
Fri 3-5pm, Beckton Powerleague, E8
Web www.airfootball.co.uk

Ascension Football Academy
All sessions £3
School years Reception to 11 Sat, 10-11:30am King George V Park, King George Avenue, E16
Call 07806 084 525

BOXING AND SELF DEFENCE

Boxing
Weeks, 7pm West Ham ABC - community boxing, 11-18s Olympic style amateur boxing sessions Hethway Community Centre Hethway Crescent, E12
Call 020 8420 2000
Mon, Wed, Fri 5-6pm West Ham Boys ABC 9+, boys and girls The Black Lion 50-61 High Street, E13
Call 020 8472 3614
Mon, Wed, 6-8pm Peacock ABC 8+ boys and girls Carlton Street North, E16
Call 020 7511 3799

Mon, Wed, Fri 6-7:45pm Newham Boys ABC 9+, boys only Old Bath House 141 Church Street, E15
Call 020 8579 5053
Fight For Peace 11+ boys and girls Woodman Street, North Woolwich, E16
Call 020 7474 0254

Punch Out (16+)
Tues, 5-6pm Katherine Road Community Centre, 254 Katherine Road, E7
Thurs 8-9pm boxing fitness workout Beckton Community Centre, East Ham Minor Way, E8
Email gsactive@newham.gov.uk

Shogun Karate
Weeks, (joining term time only) 4:30-5:30pm, Fri, 6-7pm and 7-8pm Sat, 10-11am Sessions for beginners Under 15s £4, 16+ £6, cones £3 Newham Shogun Karate Club Newham Leisure Centre, Prince Regent Lane, E13
Call 07508 070 538

Deeklands Karate Club
Mon 6:20-8:20pm, Under 15s £4, 16+ £6, cones £5
1st session free U13, Sports Dock, Deeklands Campus, E16
Call 07785 555 829

Tang Soo Do
Sat, 1-2:30pm and Tues 7:30-8:30pm (arrive at least 15 minutes before start) The Hub 123 Star Lane, E7S Korean Martial Arts for 5+ to adults £5 per session - family discount available
Call 07725 548 426 or email aca_ross@thefree.com

Hop, Skip and Punch (15+)
Tues, 5-6pm, Katherine Road Community Centre, 254 Katherine Road, E7
Call 020 8548 9820

Bootcamps
Boxercise Bootcamp parent and child (aged 7-12) sessions Tues 6-7pm child is free

Indoor/outdoor
Britanna Village Hall 25 Evelyn Road, E16
90 Day Boot Camp Challenge

Outdoor
Mon and Thurs, 7.15-8am, Tues and Thurs, 7pm East Ham Central Park, High Street South, E8
Teens only Boot Camp (13+) Week 5:30-6:30pm Thomas Blower Park Barrow Point, E16
Email info@gsactivephysique.co.uk or call 07924 625 429

Gurumuru Taekwondo
Mon and Wed, children 6-7:30pm, juniors and adults 7:30-8:30pm Monaga Primary School, Holey Road, E12
Call 07317 708 140

HEALTH AND FITNESS

BMX
Sat 10am 12noon 5-18s, £9/£2 members/£10 annual membership
Gossway Playing Fields St Albans Avenue, E5
Call 07961 333 615 or email paal.felting@blacknewham.org.uk

Rounders (16+)
Weeks, 5:30-6pm Newham Leisure Centre, E13
Call 020 3573 5000 or email paal.felting@blacknewham.org.uk

Crickets (6-18 yrs)
Weeks 5-7pm West Ham Park, E7
email paal.felting@blacknewham.org.uk

East End Road Runners
Tues and Thurs, 7pm



Sun, Rem, meet on the track, coached sessions for all abilities
Newham Leisure Centre,
Prince Regent Lane, E13
Call 07959 261 647

Run England sessions

All sessions are £2 unless indicated otherwise
Sun, 10am-12noon, Newham Leisure Centre E13 (meet on the track)
Mon, 4-5.30pm, Newham Leisure Centre E13 (meet on the track)
5.45-6.45pm, Newham

Docklands, E16 (meet at reception)
Tue, 6-7pm, Newham Leisure Centre, E13 (meet on the track)
Wed, 12noon-1pm, Newham Docklands, E16 (meet at reception)
Thurs, free, 5.45-6.15pm, UEL Docklands Campus, E16 (meet at reception)
Sat, 10-11.30am, East Ham

Central Park, E8 (meet at the car)
10-11.30am, Wanstead Flats, E12 (meet at Harrow Road Changing Pavilion)
10-11.30am, Memorial Park, E15, D4 (meet at car park)
Call 07718 394 874

Newham Swords (aged 4-7)

Tues, 6.30-8pm
Thurs, 6.20-8.20pm
Fri, 7.40-10.20pm
UEL SportsDock, Docklands Campus, E16
Call 07956 618 698

Newham Striders

Free sociable walking group
seven days a week
Call 0844 414 2728

Men's Health Football Fitness Sessions

Sat, 10-11am, West Ham United Community Training Facility
60a Aliboness Close, E5
Call 020 7473 7724

Family Fit Club

Sat, 11am-12noon, West Ham United Community Training Facility 60a Aliboness Close E5
Call 020 7473 7724

Zumba classes

Thurs, 7.30-8.30pm, St Nicholas Church Hall, Geddling Road, E72
£5 per class
Call 07720 806 565

Newham Young Britons A.S.C

Sat, 8.15-7pm, Learn to swim and improve your strokes
Children's session, (C2) 5-16
Newham Leisure Centre
Prince Regent Lane, E13
Call 07956 304 518

Yoga Classes

Tues, 8.10-7.10pm and
Fri, 10.30-11.30pm
£5.50 (£3.50 concs)
The Hub, 123 Star Lane, E16
Wed, 6.45-7.45pm
The Unitarian Church,
West Ham Lane, E15
Call 07956 808 007 or visit
www.yogacome.co.uk

Woodside

Woodside Club

Fri, 8-9.30pm, intermediate and club standard players welcome
£5 wispd/£3 unwispd,
Carpenters Docklands Centre
98 Gables Road, E15
Call 07558 751 676 / 07956 150 240

Table Tennis

Thurs, 6.30-8pm, For beginner and intermediate adults
Stratford School, Upton Lane, E15 (Dorle Road entrance)
For more info call
07976 577 716 or email
gnyham10@btinternet.com

Qi Gong

Thurs, 8pm for adults, £5 per session, Docklands Community Boat, near E8GL, Meet at the gates to Millennium Mill
Mill Road, E16
Call 07936 810 275 or email
lee@loughsewards@btnewham.com

Bowls club

For over 15s, U16s welcome with an adult
Sun, Fri, 12.30-3pm, West Ham Lawn Bowling Club, Stratford Park, West Ham Lane, E15
call 020 7520 4316
Wed, 2-3pm, Fishet Park Bowling Club, Rushet Park,

Rushet Grove, E8,
call 020 8471 3621
Wed, 3-5pm, Central Park Bowling Club, Central Park High Street South, E5
call 020 8519 2126
Thurs, 2.30-5.30pm, Phoenix Bowling Club, Royal Victoria Gardens, Albert Road, E16,
call 020 7511 6812

Beginners' Badminton

Mon, 10am-12noon, St Paul's Church Centre, Burgess Road, E8
£2.50 per session
Call 07761 329 452

Twisted Pink Street Dance

Fri, 4-5pm, 7-8pm, E7
Fri, 2.15-6.15pm Zumba classes
£5 including children, St Luke's Church, 88 Tiding Road, E16
Call 07534 513 237 visit
www.twistedpink.org.uk or email
twistedpink06@aol.com

Zumba with Annabel (17+)

Mon, 7-8pm, £5 a session, Wicmore Lane Community Centre, Gower Close, E15
Wed, 7.30-8.30pm, Bickton Community Centre, East Ham Manor Way, E8
Call 07600 988 665

Badminton

Thurs, 7-8pm (firm time only)
For all standards, £5 for a court and bring a racquet, Little Bird School/Browning Road, E12
Email: rcapin.phill@hotmail.com
or call 07644 117 263

Gemini Square Dance Club

Mon, 8-10.30pm, Chandos Community Centre, Colegrave Road, E15, Ideal for 50+
£4 per session including tea and biscuits
Call 020 8529 7529 or email
mbm228@hotmail.com

FEMALE SPORTS

Dance2Dance

Street dance classes for girls, 12-16s, Fri, 3.30-5.30pm
Newham Leisure Centre, Prince Regent Lane, E13
Call 020 3373 9000

Girls Spinning Sessions

Mon and Wed, 4-4.30pm
11-16s, Newham Leisure Centre, Prince Regent Lane, E13
Call 020 7511 4477

Female Only Gym Sessions

Tues and Thurs, 3.30-5pm
11-16s, Wed, 7.30-9pm
16-25s, Newham Leisure Centre, Prince Regent Lane, E13
Call 020 3373 9000

Female BoxFit Classes (16+)

Mon, 4-5.15pm, Belsam Leisure Centre, Bosman Street, E12
Call 07550 780 526

Girls Football

Wed, 3.30-5.30pm, 11-16s, Newham Leisure Centre, Prince Regent Lane, E13

Women United AFC (11+)

Mon (firm time only), 6-7.15pm
Kingsford School, E8
£1 per session
Call 07758 922 979

Get Back into Netball

Tues, 6-7.30pm, juniors, 7.30-8pm, seniors, £2 per session
Lester Community School, St Mary's Road, E13
Call 07717 281 529

Body Blast (16+)

Mon, 7-8pm, Wed, 12.30-1.30pm and Thurs, 8-9pm
£5 per session, Talent Central Unit 2/3, 3 Armesia Way, Gellions Reach Shopping Park, E8
Call 07936 612 670

Ab's Blast

Thurs, 5.30-6.15pm, 11-16s, E9, Newham Leisure Centre, Prince Regent Lane, E13





Wheelchair Basketball

Just Play (16+)

Wed. 6.30-8pm, multi-sport session (term-time only)
Newham Sixth Form College,
Prince Regent Lane E13
Call 020 3373 8000

Female Multi-Sports

Fri. 4.15-5.15pm Cardio, Tennis,
Handball, Rounders, Football and
more. Little Bird Youth Zone,
Rectory Road, E12
Call 020 8888 5870 or email
Farah.Khan@nhs.uk

Shella's Yummy Mummy buggy (16+)

£5 per session
Mon. 10.11-10.30am
East Ham Central Park, E8
(free! outside cafe in the park)
Fri. 10.11-10.30am, Plasnet Park,
Plaistead Grove, E8
Call 07909 614 586 or email
spobon@aol.com

Janice's Fitness (16+)

Tues. 9.30-10.30am
Soca and Zumba fitness
sessions. £5 per session
St George and St Elizabeth
Church Hall, Burford Road, E5
Email info@janice.co.uk or
call 07916 600 640

Sonia's Circuits (16+)

Tues and Fri. 10.11am-11am
Albion Christian Centre
94 Upton Lane, E7
Call 07755230108

**SPORTS AND PHYSICAL
ACTIVITIES FOR
DISABLED PEOPLE**

Wheelchair Basketball
Wed. 4.30pm-7.15pm

Polsey School, Barking Road,
E16. Call 07047 401 516

Family Swims for Disabled Children and Adults

Sat. 4.30-5.30pm Newham
Olympic Swimming Club Newham
Leisure Centre, E13. For more
details call 07507 788 730
Sun. 12.30-3pm, Family Swim,
Bakers Leisure Centre, E13,
E5. Call 020 7476 3274

Trampoline Sessions

Fri. 5.30pm and Sat. 12noon
2pm. U16s, Newham Leisure
Centre, E13. Call 020 7511 4477

Mixed Swimming Sessions for Adults and Children

Wed. 10am-12noon, East Ham
Leisure Centre, E8. £1.15 per
session. Call 020 8548 5850

Swim for Families dealing with Autism

Wed. 4.30pm, Bakers Leisure
Centre, E13. Call 020 7476 3274

Get fit for free

Tues. 1.30-3.30pm and Fri.
10am-12noon. Free gym
use for people with learning
disabilities. Newham Leisure
Centre. To book an induction
call 020 7511 4477

BT Football Club

Third Sun. of every month
10am-12noon, East Ham
Leisure Centre, E8

Disabled Athletics

Tues. 4.15-6.15pm. 77 11a,
Brampton Manor Roman
Road, E8
Thurs. 4.30-5.55pm,
St Angela's Ursula School,

1 St George's Road, E7

Email crumc@
angloethelton.org

Sensory Play

For children under five with
special needs, speech and
language delay or physical
disabilities. Term time only. Fri.
10.11-11.30am, Oliver Thomas
Children's Centre, Mathews
Avenue, E8
Email kathy.haldworth@
oliverthomasnewham.sch.uk
or call 020 8807 0367

COMMITTEE MEETINGS

All meetings take place at
Newham Town Hall, Barking
Road, E8, unless specified

Tues 9 July

7pm, Regeneration and
Employment Scrutiny
Commission. Committee Room 2
7pm, Children and Young
People Scrutiny Commission.
Committee Room 1

Wed 10 July

7pm, Audit Board.
Committee Room 1

Mon 15 July

8pm, Council. Council
Chamber

Tues 16 July

7pm, Crime and Disorder
Scrutiny Commission.
Committee Room 2
7pm, Strategic Development
Committee. Council Chamber.
Old Town Stratford, E75

Thurs 18 July

5pm, Cabinet, Council
Chamber
5.05pm, Mayoral Proceedings,
Council Chamber

Visit www.newham.gov.uk/committee
for updates.

CONTACT THE MAYOR

Walk-in surgeries

Tues 9 July
8.30am. Registration. The
Piazza, 2 Silverton Way,
London. E16 1DA

Tues 16 July

4.30pm, Registration. Newham
Town Hall, Barking Road, East
Ham, E8 3PP

Telephone surgeries

Wed 10 July
Call 020 3373 8444 between
9.30am and 10.30am and
register your query and contact
details. The Mayor will then ring
you back at a later time

LIBRARY CONTACTS

Beckton Globe

1 Kingsford Way, E6

Canning Town

Barking Road, E16

Custom House

Prince Regent Lane, E16

East Ham

High Street South, E8

Green Street

337-341 Green Street

The Gale & Woodgange

Road, Forest Gate, E7

Manor Park

885-891 Romford Road, E12

North Woolwich

5 Pier Parade, E16

Plaistead North Street, E13

Stratford 3 The Grove, E15

Archives and Local Studies

(limited postal and email service
only) call 020 3373 8881
email archives@cityofnewham.gov.uk

Community Outreach

Services. To find out more call
020 3373 0813

Hundreds of services

— one website. Visit
www.newham.gov.uk



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NewhamCouncil](http://www.facebook.com/NewhamCouncil)

Apply for services and make
payments quickly and easily
online using My Newham.
To register or log in visit
my.newham.gov.uk

NEWHAM CARNIVAL

Saturday 13 July

www.newham.com/summer

The 2013 Newham Carnival will be a vibrant procession celebrating the seasons featuring props used in the 2012 Olympic and Paralympic Opening and Closing ceremonies



Departs from Ranciliffe Road at 2pm

Come along and line the route to cheer on local children, community groups and residents as they parade through East Ham in the visual spectacle that is the Newham Carnival!

Procession route:

Ranciliffe Road – High Street South –
High Street North – Ron Loughton Way –
Garking Road – Bartle Avenue –
back into Central Park at 3pm

Do you want to get involved?

Free Carnivals – and all take place leading up to the Newham Carnival

- design and make a costume and prop
- open to all (ages 5+)

Register your interest now: email your name and telephone number to carnival@newham.gov.uk

* Please note that children under the age of 11 must be accompanied by an adult

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Mayor of
Newham

UNDER THE STARS **FOUR NIGHTS OF FANTASTIC FREE OUTDOOR LIVE MUSIC**

THURSDAY 15 AUGUST
INCOGNITO
THE BRAND
NEW HEAVIES
CIYO BROWN

DJs JAMES ANTHONY AND ASH SELECTOR

FRIDAY 16 AUGUST
DCS FEAT. SHIN
TAZ STEREO NATION
JUGGY D
GAANA RAJAS
ALI ABBAS

JUGGLING INFERNO - FIRE SHOW
KISS FM PRESENTER DJ NEEV

SATURDAY 17 AUGUST
BONEY M
FEATURING LIZ MITCHELL
IMAGINATION
THE REAL THING

DJs JAMES ANTHONY AND ASH SELECTOR

SUNDAY 18 AUGUST
ROYAL
PHILHARMONIC
ORCHESTRA
SPECTACULAR
FIREWORKS FINALE

No public parking - please use public transport. You may be searched as a condition of entry. No glass bottles or dogs.

AT CENTRAL PARK, EAST HAM, E6. GATES OPEN 6.30pm

www.newham.com/summer

[t@newhamlondon](https://twitter.com/newhamlondon) [f newhamevents](https://www.facebook.com/newhamevents)

Mayor of
Newham